

NUTRITION & PHYSICAL ACTIVITY TASK FORCE

Meeting Summary

Date	01/05/2023
Type of Meeting	General Coalition Meeting
Attendees	Courtney Ivey, Samara Moschiano, Crystal Tovar, Lauren Plum, Casey Michel, Kat Kelly
Recorder	Crystal Tovar

TOPICS	DISCUSSION	ACTION or F/U	WHO
New Business:	General planning: General planning Jan 2023-Dec 2024 (24 months)		Courtney Ivey
	Outreach: We are actively looking to add new members to our coalition who share interest in working toward improving access to healthy food, nutrition education and access to free or low cost physical activity opportunities throughout the county.	Any questions please reach out to Courtney	Courtney Ivey Crystal Tovar
	Goals Timeline: 2023-2024	Webpage will be updated to house new resources/info	Courtney Ivey Chelsea Bertram
	Short-term (3-6 months): Webpage updates: DSS/CalFresh application button, and info, NPAT minutes, member updates, resource section and Spanish materials, adding member programming.	F/U emails re newsletter links	Courtney Ivey Kat Kelly Casey Michael Lauren Plum
	Mid-term (up to 12 months) Newsletters	CSS to provide materials and resources	CSS/All Partners when needed
	Provide materials and resource for partners and events for RYD, Nutrition Education, PA	CSS F/U MCBH	Lauren Plum Courtney Ivey
Agency cross training opportunities			
CSS discussing participation in community assessment and analysis w/ MCBH			
Long-term (up to 24 months) Identify PA opportunities (examples below) ParkRx, Walk with a Doc, Toolkits like America Walks, community PA events like leagues, races, the new Rec Center Low cost or free events	possible involvement and/or cross promotion in community PA events	Courtney Ivey Kat Kelly Lauren Plum	

	<p>Identify Nutrition Education and Healthy Food Access opportunities</p> <p>Promoting eating more F/V</p> <p>Promoting healthy eating and active living</p>		CSS
Asks:	<p>Looking for best practices to be able to offer correct translated materials</p> <p>Looking for partner newsletters to link on NPAT newsletter</p> <p>If anyone has any information of any local migrant agencies please share</p> <p>Promoting more fruits and vegetables</p>	Casey said possibly we can reach out to Mammoth Hospital as they have approved interpreters.	Courtney Ivey
Need in Northern County	<p>School providing backpacks going home w/ students ??</p> <p>DSS provide senior meals</p> <p>IMACA offers once a month but participants are having needs for more fresh produce.</p> <p>The Salvation Army does not come here due to transportation issues.</p> <p>Feeding America comes from NV w/ limited fresh products</p> <p>Program called Nutrible</p>	<p>Lauren to F/U, looking for additional resources in N County</p> <p>Courtney to look into fresh food access</p>	<p>Lauren Plum</p> <p>Courtney Ivey</p>
Roundtable & Updates	<p>Lauren - Yoga is back in session in Mammoth & Crowley, Looking to hire for Walker & Benton to be able to expand programming. Also, working on reconstructing Medi-cal. Will have a Suicide Awareness Walk sometime in May. Latin Heritage Celebration in September.</p> <p>Crystal- Working on setting dates for nutrition/cooking classes w/ 2 Bridgeport Elementary teachers. Possibly late January or February. Monthly distributes nutrition material (Harvest of the Month) to AES, BES & EBES. Also, provides taste tests and indirect material to IMACA participants every other month.</p> <p>Kat- Parks & Rec currently running their Winter Programs such as their Physical Activity Program. Also, the Winter</p>	<p>Lauren to talk w/ Courtney about Latin Heritage Celebration</p> <p>Kat to send info about</p>	<p>Lauren Plum</p> <p>Crystal Tovar</p> <p>Kat Kelly</p>

	<p>Program has just started an after school cooking classes for grades 1/2 and 3-5 at the Edison Theatre. Tony Colasardo Scholarship Fund is now an annual application and encourages everyone to apply. February will be launching registration for the Spring Program. Talked about the rec center possibly opening late March or April.</p> <p>Casey-MH Elevate is increasing programs for nutrition, physical activity and mental health classes to the community. Some of the services are free and some are low cost. http://www.elevatemammoth.com</p> <p>Courtney- Speaking on behalf of the CFHL Program, we are currently working on our next work plan. Trying to free up funding and redistribute to other areas. Planning next FY of nutrition education and physical activity and direct education and also working with schools with wellness committees as well as our garden programming.</p>	<p>scholarship funds and the info on the Community Town restructuring of youth physical activity funding to Courtney</p>	<p>Casey Michael</p> <p>Courtney Ivey</p>
<p>Adjourn</p>	<p>11:04</p>		

Next meeting 3/2/2023 10-11:30 am